

Michael Chekhov Europe Training

Chekhov International Spring School at SfSH Hamburg

The Breathing Space / Film Acting

Atmosphere and Playfulness in front of the Camera

March 4-8, 2023

Hamburg, Germany

with

Hugh O’Gorman, The Praxis Acting Studio, Los Angeles / California State University, USA

Olivia Rüdinger, Schule für Schauspiel Hamburg (SfSH), Germany

Ulrich Meyer-Horsch, Michael Chekhov Europe e.V.; artistic director SfSH

The space in front of the camera is full of life, full of energy and breath. All an actor has to do is connect to this living space. Performing then becomes quite simple.

In this workshop we explore the space of a given screenplay. What happens when we dive into the film’s world and allow ourselves to be surprised by its specific dynamics, energy, language and space? Michael Chekhov’s concepts of “Atmosphere” (“the soul of every piece of art”) and “The Feeling of Ease, Form, Beauty and the Whole” will guide us through this exploration.

The workshop will combine the Chekhov Technique with Wilhelm Reich’s approach to organic breathing. Participants will apply both techniques to scene work in front of the camera.

Movement in Space – Objective Atmosphere – Spatial Relationship – Personal Atmosphere – Feeling Ease, Form, Beauty and the Whole – Organic breathing – Playfulness

Please bring a short, fully memorized monologue of your own choice. In addition, you will have to prepare a dialogue from a selected screenplay. The screenplay will be sent to you approx. two weeks before the workshop starts.

Module 2 of the Michael Chekhov Europe Training Programme

www.sfsh.de/chekhov-international

www.michaelchekhov.eu

www.michaelchekhoveurope.eu

THE BREATING SPACE / FILM ACTING

Chekhov Technique in front of the Camera

March 4-8, 2023 in Hamburg, Germany

GENERAL INFORMATION

Date: **Saturday 4th – Wednesday 8th of March, 2023**

Working hours: 10:15am - 5pm (incl. 75min. lunch break)

Working space: **Schule für Schauspiel Hamburg**
Oelkersallee 29a and 33, Hamburg
www.sfsh.de/en
Public transport:
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English /
in front of the camera, participants may act in their own language

Tuition fee:

€ 440,-- (application before January 31st 2023)

€ 480,-- (application after January 31st 2023)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

During the workshop, there will be a **training for teachers** who have completed all modules.

CONTACT

Michael Chekhov Europe Training
at Schule für Schauspiel Hamburg

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www.sfsh.de/chekhov-international

www.michaelchekhov.eu

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Instagram: michaelchekhoveurope // sfsh_schauspielschule

FACULTY

Hugh O’Gorman

– *The Praxis Acting Studio, Los Angeles / Head of Acting, California State University Long Beach, USA*

Hugh O’Gorman is an actor, director, author and teaching-artist active in professional theatre for 30 years; since 2002 he has been the Head of Acting at California State University Long Beach where he oversees the BA, BFA and MFA actor training programs.

Hugh has appeared on Broadway, Off-Broadway, Off-Off-Broadway and at over a dozen of the nation’s most respected Regional Theatres and Shakespeare Festivals. He is a founding member of New York City’s Mint Theatre Company (2002 Drama Desk Award).

For four years Hugh portrayed Jeff Singer on AMC’s critically acclaimed, Emmy and CableAce award-winning show *Remember WENN* (SAG Award nomination). Other television: HBO’s multiple Golden Globe and Emmy Award winning *John Adams*, for CBS *Still Standing*, *That’s Life*, and for NBC *The 10th Kingdom*, *Law & Order* and *ER*. Film: *Killers*, *Upstate*, *The Bend*.

Hugh is the author of the books “*Acting Action: A Primer for Actors*” and “*The Keys to Acting*”; he is also a faculty member of *MICHA: the Michael Chekhov Association*, as well as *Michael Chekhov Europe (MCE)*, and runs his own acting studio in Los Angeles, *The Praxis Acting Studio*. Hugh is Co-Executive Director of the *National Alliance of Acting Teachers*; he earned a BA from Cornell University and MFA in Acting from the University of Washington.

Olivia Rüdinger

– *Acting coach, Schule für Schauspiel Hamburg*

Olivia Rüdinger, US-Citizen, has been a highly recognized acting coach in Germany and Europe for more than thirty years.

She received her bachelors degree in speech and dramatics from the University of Minnesota. Later, she studied modern dance and dance pedagogy at the Lola Rogge School in Hamburg and became a member of the faculty, teaching modern dance and improvisation. For the next 8 years she studied Reichian breathing technique and body work. During this time she directed and performed in the dance theatre company “Winter auf Mallorca”.

1987 she founded with her partner Michaela Uhlig the “Studio O33 / Schule für Schauspiel Hamburg (SfSH)”, which has become one of the most renowned drama schools in Germany. She was the artistic director of the school for 32 years. After passing on this responsibility to Ulrich Meyer-Horsch, she is now continuing teaching breath, improvisation and organic movement at the school.

Ulrich Meyer-Horsch

– *Artistic director of Schule für Schauspiel Hamburg; Michael Chekhov Europe e.V.*

Ulrich Meyer-Horsch is an award-winning actor and theatre director with three decades of working experience in German state and regional theatres: Deutsches Schauspielhaus Hamburg, Theater Kiel, Theater Lübeck, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicité, Augusto Boal and Yoshi Oida. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany’s biggest summer theatres.

Ulrich Meyer-Horsch holds a degree in Acting from Schule für Schauspiel Hamburg and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King’s College). He studied with Michael Chekhov’s former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia and East Asia.

In his approach to the Chekhov Technique he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Uruguay, the US, Japan, Singapore, Taiwan and Indonesia. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, and a member of the international faculty of the Michael Chekhov Association (MICHA), New York. Since 2020 he is the co-artistic director of Schule für Schauspiel Hamburg (SfSH).

HOW TO GET TO HAMBURG

By train and bus:

There are very good train connections from most European cities: www.bahn.de
You can reach the city also easily by bus (e.g. Flixbus).

By plane:

Hamburg Airport: www.hamburg-airport.de

From the airport you take the S-Bahn to get to Hauptbahnhof (main station) or Holstenstrasse or Bahnhof Altona.

How to get to Schule für Schauspiel (SfSH):

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: www.sfsh.de/service/anfahrt

THE CITY

www.hamburg-tourism.de; www.hamburg.de; www.hafen-hamburg.de

ACCOMODATION

www.schanzenstern.de; www.instantsleep.de; www.hostels.com/hamburg

www.meininger-hotels.com/en/hotels/hamburg

www.hamburg-tourism.de; www.hamburg.de; www.Hotelreservierung.de/Hamburg

www.airbnb.de; www.booking.com

Please be aware that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there in the lunch breaks.

HOW TO APPLY

Please book your place via:

Schule für Schauspiel Hamburg

<https://sfsh.de/en/chekhov-international/chekhov-module-2>

Please make your payment to:

Schule für Schauspiel Hamburg

via

<https://sfsh.de/en/chekhov-international/chekhov-module-2>

Ca.10 days before the workshop you will be sent further details concerning practical matters.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

COVID-19 policy:

At the moment, there are no restrictions concerning Covid-19. This may change again, so please check the actual policy in March.

Before entering the workshop the first day, we ask you to bring a negative Covid-19 antigen test (or PCR test) result. There are some test centers near the school. It can also be a self-test.

We regularly evaluate the pandemic situation. In case of any changes or adjustments we will inform you immediately. In the unlikely case that the workshop has to be cancelled by us, you will get back your full tuition fee.

All details are subject to change.