

## Michael Chekhov Europe Training

Chekhov International Spring School at SfSH Hamburg

International acting workshop

### **‘Me’ is the Other: Building a Character**

**16 - 20 May, 2020**

**Hamburg, Germany**

with

**Lenard Petit**, Michael Chekhov Acting Studio New York, USA

**Olivia Rüdinger**, Schule für Schauspiel Hamburg, Germany

**Ulrich Meyer-Horsch**, artistic director SfSH and Michael Chekhov Europe e.V.

*“All true artists bear within themselves a deeply rooted and often unconscious desire for transformation.” (Michael Chekhov)*

**When children play games, we can observe this desire to transform and to change** – they lose themselves in play and fully commit themselves to another world. The “Other” (i.e. the character in a play) is always bigger than the personal experience of the performer. Michael Chekhov therefore asks us to look at the differences between the character and ourselves rather than at the similarities. If we dive into the inner and outer experience of this other person, we will discover a whole new world. We will find ourselves in a new light.

#### **Breath and Movement of the Character**

In this workshop we will explore the natural flow of our breath and how it creates bold characters through movement. Participants will experience the connection between inner images, natural breathing and emotional authenticity, and will learn how to create truthful characters in playful settings.

Please learn a short monologue from a selected play. The play will be announced approx. four weeks before the workshop starts.

*Imaginary Body – Imaginary Centers – Organic Breathing – Centers of Thinking, Feeling, Willing – Objectives – Relationships – The Character’s Breath – Transformation*

Module 4 of the Michael Chekhov Europe Training Programme

[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)

[www.michaelchekhov.eu](http://www.michaelchekhov.eu)

[www.michaelchekhoveurope.eu](http://www.michaelchekhoveurope.eu)

**'ME' IS THE OTHER: BUILDING A CHARACTER**  
**Michael Chekhov International Workshop**  
**16 - 20 May, 2020 in Hamburg, Germany**

**GENERAL INFORMATION**

Date: **Saturday 16<sup>th</sup> – Wednesday 20<sup>th</sup> of May, 2020**

Working hours: 10:15am – 5:00pm (incl. 75min. lunch break)  
(Sunday 17th, the afternoon session will be led by a group of young Chekhov teachers from 5 different countries.)

Working space: **Schule für Schauspiel Hamburg**  
Oelkersallee 29a and 33, Hamburg  
[www.sfsh.de](http://www.sfsh.de)  
Public transport:  
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / Participants may act in their own language

Tuition fee:

**€ 420,--** (application before March 31<sup>st</sup> 2020)

**€ 450,--** (application after March 31<sup>st</sup> 2020)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

**CONTACT**

**Michael Chekhov Europe Training**  
**at Schule für Schauspiel Hamburg**

Oelkersallee 29a

22769 Hamburg, Germany

[chekhov@sfsh.de](mailto:chekhov@sfsh.de)

+49 40 4302050

[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)

*MCE Training:*

*[www.michaelchekhov.eu](http://www.michaelchekhov.eu) // [www.michaelchekhoveurope.eu](http://www.michaelchekhoveurope.eu)*

*Facebook:*

*Schule für Schauspiel Hamburg*

*Michael Chekhov Europe Training // Michael Chekhov Europe Friends*

*Instagram:*

*[sfsh\\_schauspielschule](https://www.instagram.com/sfsh_schauspielschule) // [michaelchekhoveurope](https://www.instagram.com/michaelchekhoveurope)*

## FACULTY

### **Lenard Petit**

*Director of the Michael Chekhov Acting Studio, New York City; founding member of Michael Chekhov Association MICHA; author of the "Michael Chekhov Handbook for the Actor"*

Lenard Petit has been working in the theatre for forty years collaborating with other artists to create original works for the stage, cinema, and television. He has directed plays and performance pieces on and Off Broadway, and in Great Britain. As an actor, he has performed in works by Julie Taymor, Meredith Monk, Richard Foreman, Ping Chong, and many others.

One of a handful of teacher students trained by the original members of Michael Chekhov's Theatre School, in 2016, Mr. Petit was invited to create a Michael Chekhov Workshop and Festival in connection with The Shanghai Theatre Academy, Theatre Arts Festival Shanghai, China. He has been invited to teach master classes in Amsterdam, Rome, Lisbon, Madrid, Berlin, Munich, Helsinki, Oslo, Reykjavik, Brussels, Zurich, Dublin, London, Riga, Vilnius, and Irkutsk, Siberia. Mr Petit has been a member of the faculty of the National Academy of Arts in Oslo (KHIO), Norway. For twenty-five years he taught the Chekhov Technique in the MFA and BFA Acting programs at Mason Gross School of the Arts at Rutgers University.

### **Olivia Rüdinger**

*Acting coach, co-founder of Schule für Schauspiel Hamburg (SfSH)*

Olivia Ruedinger, US-Citizen, has been a highly recognized acting coach in Germany for more than thirty years.

She received her bachelors degree in speech and dramatics from the University of Minnesota. Later, she studied modern dance and dance pedagogy at the Lola Rogge School in Hamburg and became a member of the faculty, teaching modern dance and improvisation. For the next 8 years she studied Reichian breathing technique and body work.

During this time she directed and performed in the dance theatre company "Winter auf Mallorca".

1987 she founded together with her partner Michaela Uhlig the drama school "Schule für Schauspiel Hamburg" (SfSH), and has served as its artistic director for 32 years. After passing on this responsibility to Ulrich Meyer-Horsch, she is now continuing teaching breath, improvisation and organic movement at the school.

### **Ulrich Meyer-Horsch**

*Artistic director of Schule für Schauspiel Hamburg and co-founder of Michael Chekhov Europe e.V.*

Ulrich Meyer-Horsch has been acting and directing in German state and regional theatres for twenty-five years: Theater Kiel, Theater Lübeck, Deutsches Schauspielhaus Hamburg, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicite, Augusto Boal and Yoshi Oida. As an award winning theatre director he is known for his playful productions of the works of Bertolt Brecht and Anton Chekhov. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich Meyer-Horsch holds a degree in Acting from Schule für Schauspiel (SfSH) and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia. In his approach to the Chekhov Technique he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Uruguay, the US, Japan,

Singapore, Taiwan and Indonesia. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, and a member of the international faculty of the Michael Chekhov Association (MICHA), New York. Since January 2020, he is the new artistic director of Schule für Schauspiel Hamburg (SfSH), together with Jan Oberdorff and Katharina Jann.

## HOW TO GET TO HAMBURG

### By train:

There are good train connections from most European cities.

### By plane: Hamburg Airport (Fuhlsbüttel):

[www.hamburg-airport.de](http://www.hamburg-airport.de)

From the airport you take the S-Bahn to get to Hauptbahnhof (main station), Holstenstrasse or Bahnhof Altona.

Other Airports: Bremen: [www.airport-bremen.de](http://www.airport-bremen.de); and Hannover: [www.hannover-airport.de](http://www.hannover-airport.de).

### How to get to Schule für Schauspiel (SfSH):

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: [www.sfsh.de/service/anfahrt](http://www.sfsh.de/service/anfahrt)

## ACCOMODATION

Hostel:

[www.schanzenstern.de](http://www.schanzenstern.de)

[www.instantsleep.de](http://www.instantsleep.de)

[www.meininger-hotels.com/en/hotels/hamburg](http://www.meininger-hotels.com/en/hotels/hamburg)

[www.hostels.com/hamburg](http://www.hostels.com/hamburg)

Hotel:

[www.hamburg-tourism.de](http://www.hamburg-tourism.de)

[www.hamburg.de](http://www.hamburg.de)

[www.Hotelreservierung.de/Hamburg](http://www.Hotelreservierung.de/Hamburg)

Also have a look at:

[www.airbnb.de](http://www.airbnb.de) and [www.booking.com](http://www.booking.com)

Please be aware that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Please feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

## LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there in the lunch breaks.

## THE CITY

[www.hamburg-tourism.de](http://www.hamburg-tourism.de) // [www.hamburg.de](http://www.hamburg.de) // [www.hafen-hamburg.de](http://www.hafen-hamburg.de)

## HOW TO APPLY

Please fill in the application form (see last page) and send it to:

Michael Chekhov Europe Training  
c/o Schule für Schauspiel Hamburg  
Ulrich Meyer-Horsch  
Oelkersallee 29a  
22769 Hamburg, Germany  
or email it as PDF to: [chekhov@sfsh.de](mailto:chekhov@sfsh.de)

Please make your payment to:

**Michael Chekhov Europe e.V.**

(Address: Eisenbahnstrasse 21, D-10997 Berlin)

Bank: **Landesbank Berlin - Berliner Sparkasse**

**IBAN: DE70100500000190265264**

**BIC: BELADEBEXXX**

mentioning '**Workshop Hamburg May 2020**'

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--.

Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

*All details are subject to change.*

# APPLICATION FORM

## 'ME' IS THE OTHER

### Michael Chekhov International Workshop, May 2020

Name: ..... Age: .....

Address: .....

.....

City: ..... Postal code: .....

Country: .....

Phone: ..... Mobile: .....

E-mail: .....

Education / artistic experience:

.....

.....

Experience in the Michael Chekhov Technique:

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.....

I wish to register for the

**Michael Chekhov International Workshop: 'ME' IS THE OTHER  
16–20 May 2020 at SfSH Hamburg, Germany**

I shall pay **€ 450,--** (application after March 31<sup>st</sup>) / **€ 420,--** (application before March 31<sup>st</sup>)  
to the following account (with my name on it):

Michael Chekhov Europe e.V., Eisenbahnstrasse 21, D-10997 Berlin

Bank: Landesbank Berlin - Berliner Sparkasse

Account number: IBAN: DE70100500000190265264 / BIC: BELADEVB33XXX

Mentioning 'Workshop Hamburg May 2020'

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers will not insure participants.

I wish to receive accommodation assistance.  I do not need accommodation assistance.  
(please tick!)

Date: ..... Signature: .....

*Please send this form to: Schule für Schauspiel Hamburg, Ulrich Meyer-Horsch / Chekhov International, Oelkersallee 29a, 22769 Hamburg, Germany. Or mail it signed to: [chekhov@sfsh.de](mailto:chekhov@sfsh.de)*