

# Michael Chekhov Europe Training at Schule für Schauspiel Hamburg

International acting workshop

## 'Me' is the Other: Transformation into Character

**September 30 - October 3, 2023**

**Hamburg, Germany**

with

**Grzegorz Labuda**, Living Space Theatre, Katowice, Poland

**Jakub Margosiak**, Living Space Theatre, Katowice, Poland

**Ulrich Meyer-Horsch**, Schule für Schauspiel Hamburg, Germany

*"All true artists bear within themselves a deeply rooted and often unconscious desire for transformation." (Michael Chekhov)*

**When children play games, we can observe this desire to transform and to change** – they lose themselves in play and fully commit themselves to another world. The "Other" (i.e. the character in a play) is always bigger than the personal experience of the performer. Michael Chekhov therefore asks us to look at the differences between the character and ourselves rather than at the similarities. If we dive into the inner and outer experience of this other person, we will discover a whole new world. And we will find ourselves in a new light.

In this workshop we will explore the connection between inner images, organic breathing, and the creation of truthful characters.

*Imaginary Body – Imaginary Centers – Centers of Thinking, Feeling, Willing – Objectives – Relationships – Transformation*

Please learn a short monologue from a selected play. The play will be announced approx. three weeks before the workshop starts.

Module 4 of the Michael Chekhov Europe Training Programme

[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)

[www.michaelchekhov.eu](http://www.michaelchekhov.eu)

[www.michaelchekhoveurope.eu](http://www.michaelchekhoveurope.eu)

**'ME' IS THE OTHER: BUILDING A CHARACTER**  
**Michael Chekhov International Workshop**  
**September 30 – October 3, 2023 in Hamburg, Germany**

**GENERAL INFORMATION**

Date: **Saturday, Sept. 30<sup>th</sup> – Tuesday, Oct. 3<sup>rd</sup>, 2023**

Working hours: 10am – 4:30pm (incl. lunch break)

Working space: **Schule für Schauspiel Hamburg**  
Oelkersallee 29a and 33, Hamburg  
[www.sfsh.de/en](http://www.sfsh.de/en)  
Public transport:  
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / on stage, participants may act in their own language

Tuition fee:

**€ 440,--** (application before September 1<sup>st</sup> 2023)

**€ 480,--** (application after September 1<sup>st</sup> 2023)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation.

**CONTACT**

**Michael Chekhov Europe Training**  
**at Schule für Schauspiel Hamburg**

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*Instagram: michaelchekhoveurope // sfsh\_schauspielschule*

## FACULTY

### **Grzegorz Labuda** – *Living Space Theatre, Katowice, Poland*

Actor, dancer, costume designer. Co-founder of Living Space Theatre, - a group of independent artists focused on dance theatre. In his work, he combines contemporary dance techniques with acting methods. As a freelancer, he makes guest appearances in Polish and foreign theatres, co-creates choreographies, and creates his own projects. His work includes original plays, immersive theatre, site-specific events, happenings, and installations.

Grzegorz has been involved with the Chekhov technique since 2017, studying at the Michael Chekhov School in Hudson with Ted Pugh, Fern Sloan, and Ragnar Freidank, completing several courses and intensive individual training under their guidance. He also trained through MICHA and MCE-Training. He graduated from the Dance Theatre Department of the National Academy of Theatre Arts in Krakow and is currently completing his master's degree at Carnegie Mellon University in the US as a Fulbright scholar.

### **Jakub Margosiak** – *Living Space Theatre, Katowice, Poland*

Actor, dancer, director. A graduate of the Acting Department of the AST National Academy of Theatre Arts in Krakow and a freelance student at the Department of Dance Theater in Bytom (Poland). Ph.D. student at The Film School in Lodz (Poland). Awarded Fulbright Scholarship for conducting research about Michael Chekhov Technique in the U.S.

Co-founder of the Living Space Theatre and director of award-winning performances: "Ferdydurke", "Jesus Christ, Refugee!", "Kajdzias", "Shapes". Artist in residence at the Theatre No Theatre in Italy. Jakub taught at: 35th International Theater Institute World Congress in Segovia (Spain), The New School (New York), Guangzhou Academy of Fine Arts (China), Xi'an Concert Hall (China), Busan International Performing Arts Festival (South Korea), The Machulski's Acting School (Poland), and The Film School (Poland).

### **Ulrich Meyer-Horsch** – *Schule für Schauspiel Hamburg (SfSH) and Michael Chekhov Europe (MCE)*

Ulrich Meyer-Horsch is an award-winning actor and theatre director with three decades of working experience in German state and regional theatres: Deutsches Schauspielhaus Hamburg, Theater Kiel, Theater Lübeck, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicité, Augusto Boal and Yoshi Oida. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich holds a degree in Acting from Schule für Schauspiel Hamburg and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia and East Asia.

In his approach to the Chekhov Technique he incorporates the exploration of children's games, organic breathing, and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Cuba, Uruguay, the US, Japan, Singapore, Taiwan and Indonesia. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, member of the international faculty of the Michael Chekhov Association (MICHA), New York, and co-founder of Michael Chekhov Europe e.V. Since 2020 he is the artistic director of Schule für Schauspiel Hamburg (SfSH).

Ulrich recently co-edited the book "*Michael Tschechow: Der Schauspieler ist das Theater*", Berlin 2022.

## HOW TO GET TO HAMBURG

**By train and bus:** There are very good train connections from most European cities: [www.bahn.de](http://www.bahn.de). You can reach the city also easily by bus (e.g. Flixbus).

**By plane:** Hamburg Airport: [www.hamburg-airport.de](http://www.hamburg-airport.de).

### How to get to Schule für Schauspiel (SfSH):

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: [www.sfsh.de/service/anfahrt](http://www.sfsh.de/service/anfahrt)

## ACCOMODATION

[www.schanzenstern.de](http://www.schanzenstern.de); [www.instantsleep.de](http://www.instantsleep.de); [www.hostels.com/hamburg](http://www.hostels.com/hamburg)

[www.meininger-hotels.com/en/hotels/hamburg](http://www.meininger-hotels.com/en/hotels/hamburg)

[www.hamburg-tourism.de](http://www.hamburg-tourism.de); [www.hamburg.de](http://www.hamburg.de); [www.Hotelreservierung.de/Hamburg](http://www.Hotelreservierung.de/Hamburg)

[www.airbnb.de](http://www.airbnb.de); [www.booking.com](http://www.booking.com)

Please be aware that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Please feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay girocard. Smaller places will accept only cash.

## LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there in the lunch breaks.

## HOW TO APPLY

Please book your place via:

Schule für Schauspiel Hamburg

<https://sfsh.de/en/michael-chekhov-module-4/sfsh10039>

Please make your payment to:

Schule für Schauspiel Hamburg

via

<https://sfsh.de/en/michael-chekhov-module-4/sfsh10039>

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--.

Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

*All details are subject to change.*